

# Allergens & Intolerances

Please note that not all ingredients are listed on our menus

All our dishes are prepared in kitchens where allergens are present and where fresh food is prepared. Due to the risk of cross-contamination we are unable to guarantee the absence of traces of allergens. Should you have special requirements or have intolerances to allergens, we ask that you mention these when ordering.



v – vegetarian / vg – vegan / gf – gluten-free - if followed by 'o' it is an 'available option'

## Starters

Soup v / vgo / gfo 1,2,7,9,12,13  
Prawn Cocktail 1,2,3,4,5,7,12,13, gfo  
Parma Ham 1,7,12,13 gf  
Macaroni 1,2,7,10,12,13 v / vgo  
Heritage Tomato Salad 1,2,7,12,13 v / gfo

## Main Courses

Steak 1,7,9,12,13 gf  
Chicken Pie 1,2,4,7,9,12,13  
Beef Burger 1,2,4,7,9,12,13 gfo  
Fish & Chips 4,5,9,12,13 gf  
Beetroot Burger 2,4,6,12,13 v / vgo  
Thai Curry :  
with crispy calamari 1,2,8,10,12,13 with mixed vegetables 1,2,10,12,13 (vg) with chicken 1,2,10,12,13  
Caesar Salad: 1,2,4,5,7,9,12,13  
with chicken 1,2,4,5,7,9,12,13 with hot smoked salmon 1,2,4,5,7,9,12,14 with haloumi 1,2,4,5,7,9,12,13

## Sunday Roast Dishes

Roast Beef 1,2,4,7,9,13  
Roast Pork 1,7,9,12,13  
Nut Roast 1,2,4,6,7,9,10,11,12,13,14 v  
Cauliflower Cheese 2,5,7,9,12,13

## Sandwiches (all with GFO available)

Pastrami 1,2,4,9,12,13  
Smoked Salmon 2,4,5,7,9,12,13  
Cheese 1,2,4,7,9,12,13 v  
Tomato Mozzarella 2,4,7,12,13 v

## Sides

Hand-cut chips 12 Truffle Chips 7,12 Fries 12  
House Salad 9,12,13  
Bread & Butter 2,7,12,13 vo / gfo  
Seasonal vegetables 7,12  
Calamari & chilli mayo 2,4,8,12,13

## Puddings & Cheeses

Chocolate Torte 2,10,12, vg  
Sticky Toffee Pudding 2,4,7,12,13  
Banoffee Pie 2,7,10,13  
Baked Cheesecake 7,12,13  
Trio of Ice Cream 2,7,10 gfo 2,7,10,13 (Orange Sorbet as vgo)  
Cheese & Biscuits 1,2,7 gfo